

**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time
1	1	1	400mH Men Race 1		
1	112M	U23M	Jack Avery	Basildon	57.25
2	54M	U20M	Stevie Kasparis	Eastbourne Rovers AC	65.27
1	1	2	400mH Men Race 2		
1	107M	U17M	Sam Rimmer	Bracknell AC	63.92
2	1	1	400mH Women Race 1		
1	38F	SW	Alex Hill	Herts Phoenix	62.22
2	92F	U20W	Kate Purser	Blackheath and Bromley Harriers	74.99
4	1	1	300mH U7W Race 1		
1	61F	U17W	Jessica Lambert	Crawley AC	45.48
2	122F	U15G	Poppy Oliver	Crawley AC	47.22
3	72F	U17W	Kaujaruruamo Marshall	Crawley AC	48.44
5	1	1	1500m Race 1		
1	11M	U13B	Miles Brown	Holland Sports AC	05:01.85
2	121M	U13B	Matthew Pickering	Reigate Priory AC	05:10.81
3	119F	U13G	Charlotte Wormley	Crawley AC	05:13.28
4	97F	U13G	Katie Sakaria	Guildford & Godalming AC	05:17.83
5	129F	U13G	Penelope Francis	Bedford City	05:21.44
6	40F	U13G	Naomi Holdsworth	Isle Of Wight AC	05:45.19
7	133F	U13G	Sima Saadatzaheh	Brighton & Hove AC	06:09.06
5	1	2	1500m Race 2		
1	102M	U15B	Ash Williams	Horsham Blue Star Harriers	04:38.83
2	46M	U15B	Dylan Holdsworth	Isle Of Wight AC	04:56.77
3	134F	U15G	Lois Dooley	Brighton & Hove AC	04:57.73
4	120M	U15B	Marco Galasso	Crawley AC	05:00.36
5	117M	U15B	Archie Rowes	Brighton & Hove AC	05:07.62
6	135F	U15G	Tatum Walker	Brighton & Hove AC	05:11.34
7	131F	U15G	Della Sakaria	Guildford & Godalming AC	05:11.44
8	140F	U15G	Lara Clayson	Brighton & Hove AC	06:06.95
6	1	1	110mH Race 1	-0.5 M/S E	
1	131M	U20M	Caius Joseph	Basingstoke & Mid Hants AC	15.64
2	27M	SM	Bradley Eisnor	Eastbourne Rovers AC	15.87
3	65M	SM	Joe Morris	Eastbourne Rovers AC	17.59
4	122M	SM	Max Durey	Bracknell AC	17.82
7	1	1	100mH Race 1		
1	7M	U17M	Stuart Bladon	Team Kennett	14.8 *
2	44M	U17M	Callum Holder	Sutton & District AC	14.9 *
3	37M	U17M	Joshua Gray	Kettering Town Harriers	15.0 *
4	118M	U17M	Joel Cable	Bracknell	15.9 *
7	1	2	100mH Race 2	-0.9 M/S S	
1	84F	SW	Becky Owen	Brighton & Hove AC	15.77
2	139F	U20W	Megan Shaw	Windsor Slough Eton & Hounslow	16.07

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Position	Number	Age Group	Name	Club	Time	
	7	1 3	1500m U17-Snr Race 1			
	1	125M	U20M	Ethan Hartley	Chichester Runners & AC/Basing	04:23.50
	2	136M	U17M	Cameron Macrae	Thanet Road Runners	04:23.98
	3	126M	U17M	Robbie Tambling	Croydon Harriers	04:39.53
	4	135M	U20M	Oliver Appleby	Dorking & Mole Valley AC	04:41.07
	5	129M	U17M	Patrick Florida-James	Reigate Priory AC	04:56.91
	6	144M	U17M	Zakary Hansen	South London Harriers	05:15.84
	7	28F	U20W	Fiona German	SW Road Runners	05:32.94
	8	153F	U17W	Darja Knotkova-Hanley	Haywards Heath Harriers	05:38.49
	8	1 2	1500m U17-Snr Race 2			
	1	127M	SM	William Cork	Brighton & Hove AC	04:06.61
	2	114M	SM	Callum Gillett	Guildford & Godalming AC	04:15.58
	3	124M	SM	Conrad Meagher	Chichester Runners & AC	04:26.48
	4	18M	SM	Sebastian Cirillo	Eastbourne Rovers AC	04:32.34
	5	142M	M45	Andre Dahlkamp	Victoria Park Harriers	04:39.87
	6	149F	SW	Rhiannon Dunlop	Portsmouth	04:41.85
	7	115M	SM	Thomas Keenan	Sutton & District AC	04:57.55
	8	123M	SM	Nigel Herron	Brighton Phoenix	05:06.60
	9	39M	M40	Paul Hewitt	Run Academy Worthing	05:20.31
	10	104F	SW	Emma Stevens	Aldershot Farnham & District	05:22.06
	11	138M	U17M	Conor Murphy	Medway & Maidstone	05:32.25
	12	142F	SW	Kim Gow	Burgess Hill Runners	07:24.98
	9	1 1	80mH Race 1	-1.2 M/S S		
	1	94M	U15B	Daniel Tewogbade	Crawley AC	13.30
	2	1501M	U15B	Alessio Anah	Crawley AC	13.37
	9	1 2	80mH Race 2	0.8 M/S N		
	1	109F	U17W	Lucy Tunnacliffe	Kingston AC & Polytechnic Harri	12.88
	2	16F	U17W	Emily Cornwall	Basingstoke & Mid Hants AC	13.04
	3	75F	U17W	Eli Middleton	Worthing & District Harriers	13.11
	4	116F	U17W	Amelia Watson	Reigate Priory AC	13.56
	10	1 1	75mH Race 1	-1.3 M/S S		
	1	25M	U13B	Luke Dronfield	Guildford & Godalming AC	13.21
	2	76M	U13B	Samuel Rayson	Bicester AC	13.31
	3	146M	U13B	Edward Crossman	Horsham Blue Stars	14.08
	4	145M	U13B	Craig Harris	Horsham Blue Stars	14.22
	10	1 2	75mH Race 2	-0.2 M/S SE		
	1	34F	U15G	Ella Hannyngton	Horsham blue stars	12.34
	2	57F	U15G	Lucy Kirby	Crawley AC	12.68
	3	137F	U15G	Millie Noyce	Crawley AC	12.69
	4	152F	U15G	Harriet Armstrong	Eastbourne Rovers AC	12.95
	5	2F	U15G	Renee Bassin	Brighton Phoenix	14.18
	6	25F	U15G	Lucy Fearn	Crawley AC	14.34
	7	19F	U15G	Jasmine De la Touche	Walton AC	15.59

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Position	Number	Age Group	Name	Club	Time	
	10	1 3	75mH Race 3	-0.5 M/S S		
	1	122F	U15G	Poppy Oliver	Crawley AC	11.56
	2	22F	U15G	Rhiannon Dowinton	Guernsey AC	11.84
	3	146F	U15G	Sofia Mella	Guernsey AC	12.43
	4	43F	U15G	Isabelle Humphreys	Horsham Blue Star Harriers	12.91
	5	148F	U15G	Holly Lethbridge	Crawley AC	13.03
	6	132F	U15G	Lucy Rothwell	Bracknell AC	13.36
	11	1 1	70mH Race 1	-0.9 M/S S		
	1	167F	U13G	Isabella Lehtinen	Crawley AC	12.59
	2	39F	U13G	Sophie Hogton	Horsham Blue Star Harriers	12.61
	3	85F	U13G	Macy Ozard	Guernsey AC	12.83
	4	147F	U13G	Aideen Le Prevost	Guernsey AC	13.10
	5	70F	U13G	Chanel Lovelock	Slough Junior AC	13.54
	6	49F	U13G	Ella Johncock	Crawley AC	13.55
	7	60F	U13G	Amelia Kortens	Brighton Phoenix	14.66
	8	78F	U13G	Sophie Morris	Horsham Blue Star Harriers	15.37
	11	1 2	70mH Race 2	0.1 M/S E		
	1	114F	U13G	Amelia Walsh	Reading AC	11.93
	2	138F	U13G	Libby Noyce	Crawley AC	12.41
	3	33F	U13G	Victoria Hancock	Guernsey AC	12.80
	4	64F	U13G	Megan Lilley	Guernsey AC	13.75
	5	120F	U13G	Hope Yelling	Worthing & District Harriers	14.13
	6	161F	U13G	Jemima Harcourt	Kingston AC & Polytechnic Harri	15.21
	7	20F	U13G	Sacha Denny	Brighton & Hove AC	15.44
	12	1 1	600m Race 1			
	1	151F	U11G	Dulcie Yelling	Brighton & Hove AC	01:57.8 *
	2	162F	U11G	Bethany Tyrrell	Crawley AC	01:59.2 *
	3	168F	U11G	Qi-Chi Ukpai	Invicta East Kent	02:00.2 *
	4	1F	U11G	Charlotte Ashby	Reading AC	02:01.4 *
	5	117F	U11G	Arabella Wilson	Guildford Young Athletes Club	02:03.7 *
	6	102F	U11G	Rebekah Smith	New Forest Juniors AC	02:08.4 *
	7	156F	U11G	Lizzy Crossman	Horsham Blue Stars	02:09.0 *
	8	94F	U11G	Lottie Roberts	Young Athletes Club	02:16.8 *
	9	172F	U11G	Isabella Charles	Crawley AC	02:19.4 *
	10	130F	U11G	Marcia Francis	unattached	02:21.5 *
	12	1 2	600m Race 2			
	1	9M	U11B	Charlie Bonwick Adams	Haywards Heath Harriers	01:49.2 *
	2	109M	U11B	Joseph Hunt	Holland Sports AC	01:49.6 *
	3	87M	U11B	George Small	Unattached	02:00.3 *
	4	151M	U11B	Vittorio Anah	Crawley AC	02:00.6 *
	5	8M	U11B	George Bonwick Adams	Haywards Heath Harriers	02:01.3 *
	6	156M	U11B	Matthew Noakes	Brighton Phoenix	02:02.5 *
	7	77M	U11B	Kyle Rayson	Bicester AC	02:09.3 *
	8	72M	U11B	Harry Peters	Reigate Priory AC	02:10.7 *
	9	113M	U11B	Ryan Stride	Crawley AC	02:28.1 *

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Position	Number	Age Group	Name	Club	Time	
13	1	1	100m Race 1	-1.5 M/S S		
	1	174M	SM	Jimmy Seacombe	Worthing & District Harriers	11.41
	2	188M	U20M	Tom Sherborne	Southampton Athletic Club	11.69
	3	157M	SM	Joshua Jenkins	Worthing & District Harriers	11.98
	4	165M	SM	Scott Clark	East Grinstead & District AC	12.09
	5	163M	M45	Kevin Craven	Worthing & District Harriers	12.51
	6	171M	SM	George Choat	Newham & Essex Beagles	13.71
	7	142M	M45	Andre Dahlkamp	Victoria Park Harriers	14.49
13	1	2	100m Race 2	-0.5 M/S SW		
	1	140M	SM	Lee Fulham	Eastbourne Rovers AC	11.26
	2	27M	SM	Bradley Eisnor	Eastbourne Rovers AC	11.61
	3	155M	SM	Peter Edmunda	Highgate Harriers	11.78
	4	143M	SM	Luke Batup	Bracknell AC	11.84
	5	180M	SM	Alex Narsch	Kingston AC & Polytechnic Harri	11.90
	6	148M	SM	John Palmer	Burgess Hill Runners	15.04
13	1	3	100m Race 3	-1.2 M/S S		
	1	139M	U20M	Alex Marshall	Medway & Maidstone	11.33
	2	170M	U20M	Cameron Fillery	Brighton & Hove AC	11.38
	3	173M	U20M	Harry Callanan	South London Harriers	11.53
	4	88M	U20M	Bryn Smith	Eastbourne Rovers AC	11.57
	5	185M	U20M	Simeon Cousins	Haywards Heath Harriers	11.63
	6	166M	U20M	Cambridge Kisby	Worthing & District Harriers	12.10
13	1	4	100m Race 4	-1.5 M/S S		
	1	162M	U20M	Joshua Persad	Crawley AC	11.22
	2	154M	U20M	Jamie Lambert	Brighton & Hove AC	11.64
	3	159M	U20M	Joshua Hawkins	Brighton & Hove AC	11.82
	4	52M	U20M	Rhys Jones	Lincoln Uni	11.97
	5	158M	U20M	Tobias Hawkins	Brighton & Hove AC	12.02
13	1	5	100m Race 5	-0.8 M/S SE		
	1	50F	U20W	Hannah Jones	Windsor Slough Eton & Hounslow	12.67
	2	139F	U20W	Megan Shaw	Windsor Slough Eton & Hounslow	12.92
	3	98F	SW	Katie Scoones	Swale Combined AC	14.90
13	1	6	100m Race 6	0.2 M/S NW		
	1	161M	U17M	Tyrese Greenway	Reigate Priory AC	11.42
	2	169M	U17M	Jordan Levey	Horsham Blue Stars	11.62
	3	160M	U17M	Moyo Daramola	Eastbourne Rovers AC	11.64
	4	138M	U17M	Conor Murphy	Medway & Maidstone	11.86
	5	133M	U17M	Daniel Ajayi	Surrey Schools	12.02
	6	177M	U17M	Joshua Okang	Worthing & District Harriers	12.47
	7	38M	U17M	Morgan Hayward	Crawley AC	12.66
	8	168M	U17M	Edward Watson	Haywards Heath Harriers	12.75

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Position	Number	Age Group	Name	Club	Time	
13	1	7	100m Race 7	-1.9 M/S SE		
	1	176M	U17M	James Lund	Worthing & District Harriers	11.69
	2	68M	U17M	Robert Pattison	Woking AC	11.96
	3	132M	U17M	Vamzi Sivanathan	Colchester Harriers	12.11
	4	64M	U17M	Lucas Mockeridge	Brighton and Hove AC	12.32
	5	45M	U17M	Ben Holdsworth	Isle Of Wight AC	12.68
	6	37M	U17M	Joshua Gray	Kettering Town Harriers	12.77
	7	50M	U17M	Daniel Ingram	Camberley & District AC	13.05
13	1	8	100m Race 8	0.9 M/S NW		
	1	100F	U17W	Jodie Smith	Windsor Slough Eton & Hounslow	12.69
	2	158F	U17W	Abigail Galpin	Guernsey AC	12.96
	3	73F	U17W	Shania Martlew	Eastbourne Rovers AC	13.06
	4	164F	U17W	Adeline Preston	Crawley AC	13.08
	5	10F	U17W	Olivia Chessell	Sutton & District AC	13.20
13	1	9	100m Race 9	-0.9 M/S S		
	1	169F	U17W	Alyssa White	Worthing & District Harriers	12.81
	2	108F	U17W	Esther Tewogbade	Crawley AC	13.04
	3	47F	U17W	Sasha James	Crawley AC	14.34
	4	30F	U17W	Tanya Grosvenor	Bracknell AC	14.43
13	1	10	100m Race 10	-1.7 M/S S		
	1	34M	U15B	Tom Gilsenan-Best	Horsham Blue Stars	11.9 *
	2	101M	U15B	Adam West	Horsham Blue Stars	12.3 *
	3	150M	U15B	Alession Annah	Crawley AC	12.4 *
	4	172M	U15B	Ben Fisher	Crawley AC	13.2 *
	5	179M	U15B	Kenan Jacques	Crawley AC	13.3 *
13	1	11	100m Race 11	-1.7 M/S S		
	1	28M	U15B	Olutimilehin Esan	Crawley AC	12.51
	2	4M	U15B	Ori Bartle	Lewes AC	12.88
	3	21M	U15B	Jack Dickson	Kingston AC & Polytechnic Harri	13.00
	4	164M	U15B	Ethan Craven	Worthing & District Harriers	13.27
	5	153M	U15B	Danny Giustiniani	Brighton & Hove AC	13.30
13	1	12	100m Race 12	-1.1 M/S SE		
	1	122F	U15G	Poppy Oliver	Crawley AC	12.78
	2	152F	U15G	Harriet Armstrong	Eastbourne Rovers AC	13.11
	3	171F	U15G	Natalia Atherley	Crawley AC	13.53
	4	141F	U15G	Sirra Batchelor	Crawley AC	14.01
	5	175F	U15G	Tyra Williams	Crawley AC	14.24
	6	7F	U15G	Freya Brennand	Worthing & District Harriers	14.28
	7	99F	U15G	Libby Small	Worthing harriers	14.45
13	1	13	100m Race 13	-0.2 M/S S		
	1	166F	U15G	Alicia Borrill	Crawley AC	13.39
	2	31F	U15G	Yasmin Grosvenor	Bracknell AC	13.41
	3	22F	U15G	Rhiannon Dowinton	Guernsey AC	13.82
	4	146F	U15G	Sofia Mella	Guernsey AC	13.91
	5	55F	U15G	Sophia Kapoor Sood	Team Hounslow Athletic Club	14.06
	6	177F	U15G	Gina Kosseh	unattached	14.43

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Position	Number	Age Group	Name	Club	Time	
13	1 14	100m Race 14		-0.9 M/S SE		
	1	155F	U15G	Michaela Pottinger	Herne Hill Harriers	13.00
	2	69F	U15G	Eloise Longhurst	Worthing & District Harriers	13.28
	3	163F	U15G	Mia O'Hara	Eastbourne Rovers AC	13.31
	4	36F	U15G	Amelia Hart	Guernsey AC	13.99
	5	57F	U15G	Lucy Kirby	Crawley AC	14.03
	6	95F	U15G	Emily Russell	Chichester Runners & AC	14.45
13	1 15	100m Race 15		-1.5 M/S SE		
	1	90M	U13B	Bailey Smith	Worthing & District Harriers	13.19
	2	152M	U13B	Lewis Drake	Southampton Athletic Club	13.98
	3	36M	U13B	James Goubert	Guernsey AC	14.10
	4	85M	U13B	Eriike Siwoku	Herts Phoenix AC	14.36
	5	35M	U13B	George Goubert	Guernsey AC	14.87
13	1 16	100m Race 16		0 M/S E		
	1	6M	U13B	Trey Bennett	Slough Junior AC	13.11
	2	82M	U13B	Samuel Sherlock	Guildford & Godalming AC	13.55
	3	41M	U13B	Jack Hoad	Sutton & District AC	13.71
	4	145M	U13B	Craig Harris	Horsham Blue Stars	14.26
	5	79M	U13B	Louie Seamons	Cookham Running Club	15.07
13	1 17	100m Race 17		-1.6 M/S SW		
	1	81F	U13G	Michelle Okorie	Crawley AC	13.71
	2	45F	U13G	Shanice Ighalo	Rugby & Northampton AC	14.31
	3	74F	U13G	Lauren McLellan	Brighton Phoenix	14.52
	4	161F	U13G	Jemima Harcourt	Kingston AC & Polytechnic Harri	14.93
	5	154F	U13G	Orla Edwards	Crawley AC	15.11
	6	170F	U13G	Hannah Williams	Crawley AC	15.49
	7	147F	U13G	Aideen Le Prevost	Guernsey AC	15.67
13	1 18	100m Race 18				
	1	167F	U13G	Isabella Lehtinen	Crawley AC	13.89
	2	114F	U13G	Amelia Walsh	Reading AC	14.30
	3	143F	U13G	Tolani Akinfolarin	London Schools	14.33
	4	90F	U13G	Jess Powell	Brighton Phoenix	14.37
	5	120F	U13G	Hope Yelling	Worthing & District Harriers	14.95
	6	79F	U13G	Jessica Murray	Holland Sports AC	15.32
	7	76F	U13G	Natalie Mills	Worthing & District Harriers	15.39
13	1 19	100m Race 19				
	1	85F	U13G	Macy Ozard	Guernsey AC	14.27
	2	89F	U13G	Eva Peters	Reigate Priory AC	14.97
	3	64F	U13G	Megan Lilley	Guernsey AC	15.06
	4	178F	U13G	Hattie Bond	Portsmouth	15.56
	5	165F	U13G	Lydia Preston	Crawley AC	15.77
	6	176F	U13G	Henrietta Hammond	Crawley AC	15.89

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Position	Number	Age Group	Name	Club	Time	
14	1	1	75m Race 1	0.7 M/S N		
	1	71M	U11B	Samuel Persad	Crawley AC	11.60
	2	84M	U11B	Toyosi Siwoko	Herts Phoenix AC	11.63
	3	151M	U11B	Vittorio Anah	Crawley AC	11.72
	4	113M	U11B	Ryan Stride	Crawley AC	12.09
	5	110M	U11B	Blake Tomlinson	Horsham Blue Star Harriers	12.09
14	1	2	75m Race 2	-1 M/S S		
	1	9M	U11B	Charlie Bonwick Adams	Haywards Heath Harriers	11.34
	2	87M	U11B	George Small	Unattached	12.01
	3	156M	U11B	Matthew Noakes	Brighton Phoenix	12.33
	4	72M	U11B	Harry Peters	Reigate Priory AC	12.44
	5	53M	U11B	Sachin Kapoor Sood	Team Hounslow Athletic Club	12.50
14	1	3	75m Race 3	0.5 M/S N		
	1	168F	U11G	Qi-Chi Ukpai	Invicta East Kent	11.47
	2	65F	U11G	Aimee Lilley	Guernsey AC	11.88
	3	102F	U11G	Rebekah Smith	New Forest Juniors AC	12.29
	4	12F	U11G	Imogen Clarke	Lewes AC	12.41
	5	58F	U11G	Libby Kirby	Crawley AC	12.43
14	1	4	75m Race 4	-0.9 M/S SW		
	1	54F	U11G	Annie Jonkers	Oxford City AC	11.75
	2	162F	U11G	Bethany Tyrrell	Crawley AC	11.83
	3	121F	U11G	Harriet Yelling	Worthing & District Harriers	12.41
	4	172F	U11G	Isabella Charles	Crawley AC	13.36
	5	160F	U11G	Maliya Pottinger	Herne Hill Harriers	14.59
14	1	5	75m Race 5	-0.2 M/S S		
	1	173F	U11G	Isabella Davies	Birchfield Harriers	11.76
	2	144F	U11G	Layla Akinfolarin	London Schools	11.89
	3	1F	U11G	Charlotte Ashby	Reading AC	12.25
	4	180F	U11G	Billie Bristowe	unattached	12.37
	5	157F	U11G	Holly Johncock	Crawley AC	12.50
15	1	1	400m Race 1			
	1	181F	W45	Nina Anderson	Highgate Harriers	59.21
	2	61F	U17W	Jessica Lambert	Crawley AC	59.65
	3	187F	U20W	Becky Quirke	Worthing & District Harriers	61.33
	4	174F	U20W	Imogen Walker	Herts & Phoenix	62.62
	5	182F	U20W	Emma Jenkins	Medway & Maidstone	64.82
	6	186F	SW	Rebecca Arthur	Crawley AC	66.38
	7	98F	SW	Katie Scoones	Swale Combined AC	72.24
15	1	2	400m Race 2			
	1	149M	U17M	Peter Curtis	Guernsey AC	51.39
	2	45M	U17M	Ben Holdsworth	Isle Of Wight AC	55.40
	3	167M	U17M	Daniel Holbrook	Haywards Heath Harriers	56.29
	4	66M	U17M	James Naylor	Reigate Priory AC	56.57

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15	1	3	400m Race 3			
	1	185M	U20M	Simeon Cousins	Haywards Heath Harriers	52.44
	2	125M	U20M	Ethan Hartley	Chichester Runners & AC/Basing	53.93
	3	54M	U20M	Stevie Kasparis	Eastbourne Rovers AC	55.91
15	1	4	400m Race 4			
	1	147M	SM	Tom Druce	Guernsey AC	48.70
	2	187M	SM	Dan Stepney	Brighton Phoenix	50.16
	3	175M	SM	Gavin Stephens	Worthing & District Harriers	50.55
	4	141M	SM	Brian Darby	Coventry Godiva	53.25
	5	29M	SM	Simon Evans	Worthing Harriers	53.87
	6	60M	SM	Jack Madden	Hastings AC	56.41
15	1	5	400m Race 5			
	1	57M	SM	Blaine Lewis-Shallow	Basingstoke & Mid Hants AC	50.7 *
	2	182M	SM	Dan Lavipour	Victoria Park Harriers	50.8 *
	3	189M	SM	Wayne Kingsnorth	Crawley Saints & Sinners	65.1 *
	4	178M	M65	Doug Lucas	Cambridge Harriers	66.4 *
	5	186M	M75	John Garbor	Herne Hill Harriers	83.0 *
16	1	1	300m Race 1			
	1	78M	U15B	Tom Ridley	Worthing & District Harriers	38.08
	2	101M	U15B	Adam West	Horsham Blue Star Harriers	39.27
	3	102M	U15B	Ash Williams	Horsham Blue Star Harriers	39.78
	4	22M	U15B	Max Dickson	Kingston AC & Polytechnic Harri	40.65
16	1	2	300m Race 2			
	1	159F	U17W	Amelia Lees	Guernsey AC	42.02
	2	69F	U15G	Eloise Longhurst	Worthing & District Harriers	42.49
	3	163F	U15G	Mia O'Hara	Eastbourne Rovers AC	43.3 *
	4	155F	U15G	Michaela Pottinger	Herne Hill Harriers	44.3 *
	5	196F	U17W	Martine Scott	Guildford & Godalming AC	45.7 *
17	1	1	800m Race 1			
	1	183M	U13B	Ethan Scott	East Grinstead & District AC	02:18.70
	2	137M	U13B	Henry Yelling	Brighton & Hove AC	02:22.11
	3	200M	U13B	Brandan Morrell	South London Harriers	02:28.99
	4	190M	U13B	Oscar Curry	Reigate Priory AC	02:37.87
	5	56M	U13B	Finlay Knight	Team Synergy	02:38.76
	6	204M	U13B	Cameron Vincent	Worthing & District Harriers	02:38.91
	7	17M	U13B	Hayden Christian	Woking AC	02:44.82
	8	35M	U13B	George Goubert	Guernsey AC	02:47.11
	9	80M	U13B	William Shanahan	Team Synergy	02:47.16
	10	36M	U13B	James Goubert	Guernsey AC	02:52.90
	11	96M	U13B	Jack Tilford-carey	Crawley AC	02:54.68



**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time	
17	1 2	800m Race 2				
	1	118F	U13G	Lauren Wormley	Crawley AC	02:34.40
	2	6F	U13G	Holly Brazier	Worthing & District Harriers	02:37.10
	3	192F	U13G	Beatrice Ingles	Lewes AC	02:40.1 *
	4	150F	U13G	Eadie Yelling	Brighton & Hove AC	02:41.6 *
	5	199F	U13G	Mollie Barrett	Brighton & Hove AC	02:43.4 *
	6	194F	U13G	Amelia Cox	Crawley AC	02:44.3 *
	7	178F	U13G	Hattie Bond	Portsmouth	02:45.0 *
	8	78F	U13G	Sophie Morris	Horsham Blue Star Harriers	02:52.7 *
	9	87F	U13G	April Palmer	Bracknell AC	02:58.8 *
	10	76F	U13G	Natalie Mills	Worthing & District Harriers	03:03.1 *
17	1 3	800m Race 3				
	1	195M	U15B	Aaron Duncan	Lewes AC	02:06.75
	2	111M	U15B	Luke Ellard	Worthing & District Harriers	02:07.71
	3	194M	U15B	Bradley Stanger	Crawley AC	02:11.43
	4	16M	U15B	Theo Cheshire	Aldershot Farnham & District	02:13.70
	5	108M	U15B	Thomas Kimber	Crawley AC	02:24.21
	6	191M	U15B	George Taylor	Brighton & Hove AC	02:31.81
	7	134M	U15B	Yarin Bent	London Schools	02:32.23
	8	192M	U15B	Thomas McLaughlin	Marshall Milton Keynes	02:34.70
	9	33M	U15B	Archie Forsyth	Walton AC	02:36.48
17	1 4	800m Race 4				
	1	5F	U15G	Erin Bracknell	Crawley AC	02:25.98
	2	136F	U15G	Alex Nann	Brighton & Hove AC	02:28.51
	3	48F	U15G	Maisie Jeger	Southampton Athletic Club	02:30.15
	4	21F	U15G	Milly Dickinson	Brighton Phoenix	02:32.96
	5	68F	U15G	Jessica Lister	Crawley AC	02:33.61
	6	189F	U15G	Pia Lewis	Brighton & Hove AC	02:35.35
	7	185F	U15G	Amy Hughes	Crawley AC	02:35.81
	8	191F	U15G	Francesca Clayton	Crawley AC	02:35.88
	9	179F	U15G	Maddie Bond	Portsmouth	02:45.97
	10	183F	U15G	Flora Davis	Brighton Phoenix	02:46.17
	11	101F	U15G	Natalya Smith	City Of Portsmouth AC	02:51.25
	12	190F	U15G	Madelaine Parmar	Brighton Phoenix	02:52.30

**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time	
17	1	5	800m Race 5			
	1	206M	SM	James Tidd	Windson Slough & Eton	01:57.93
	2	198M	SM	Ben Hazell	Basingstoke & Mid Hants AC	02:01.93
	3	73M	SM	Dan Pettitt	Horsham Joggers	02:04.30
	4	207M	U20M	Reuben Hoyte	Brighton Phoenix	02:04.69
	5	201M	SM	Paul Howard	Brighton & Hove AC	02:05.05
	6	203M	SM	Caspar Donnison	Thames Valley	02:05.49
	7	208M	U20M	James Andrews	Crawley AC	02:06.90
	8	205M	SM	Jason Harrold	Crawley Saints & Sinners	02:08.25
	9	126M	U17M	Robbie Tambling	Croydon Harriers	02:10.85
10	188F	SW	Beth Kidger	Brighton Phoenix	02:15.27	
11	18F	SW	Chloe Crossman	Guildford & Godalming AC	02:16.21	
12	144M	U17M	Zakary Hansen	South London Harriers	02:19.95	
13	184F	U17W	Hannah McLaughlin	Milton Keynes	02:24.75	
14	193F	U17W	Katie Jones	Aylesbury Vale	02:29.61	
15	189M	SM	Wayne Kingsnorth	Crawley Saints & Sinners	02:34.05	
16	55M	M50	Angus Kirby	Running Academy Worthing	02:38.25	
17	193M	SM	Robert McLaughlin	Dubai Road Runners	02:40.45	
18	198F	SW	Justine Bacon	Isle Of Wight AC	02:43.79	
18	1	1	200m Race 1	0.2 M/S NE		
	1	209M	SM	Jamal Rhoden-Stevens	Shaftesbury Barnet	21.64
	2	119M	SM	Matthew Overall	Crawley AC	22.50
	3	197M	SM	Chris Brownlee	Crawley AC	23.94
	4	155M	SM	Peter Edmunda	Highgate Harriers	24.07
	5	171M	SM	George Choat	Newham & Essex Beagles	27.57
	6	123M	SM	Nigel Herron	Brighton Phoenix	30.51
18	1	2	200m Race 2	-0.7 M/S S		
	1	175M	SM	Gavin Stephens	Worthing & District Harriers	22.87
	2	140M	SM	Lee Fulham	Eastbourne Rovers AC	23.07
	3	180M	SM	Alex Narsch	Kingston AC & Polytechnic Harri	24.13
	4	181M	SM	Justin Tarrant	Crawley AC	24.58
	5	148M	SM	John Palmer	Burgess Hill Runners	31.26
18	1	3	200m Race 3			
	1	162M	U20M	Joshua Persad	Crawley AC	22.42
	2	139M	U20M	Alex Marshall	Medway & Maidstone	22.81
	3	170M	U20M	Cameron Fillery	Brighton & Hove AC	22.90
	4	88M	U20M	Bryn Smith	Eastbourne Rovers AC	22.97
	5	185M	U20M	Simeon Cousins	Haywards Heath Harriers	23.30
	6	52M	U20M	Rhys Jones	Lincoln Uni	23.88
	7	154M	U20M	Jamie Lambert	Brighton & Hove AC	24.39
	8	48M	U20M	Ben Illsley	Worthing & District Harriers	25.86
18	1	4	200m Race 4	-0.4 M/S S		
	1	84F	SW	Becky Owen	Brighton & Hove AC	27.36
	2	187F	U20W	Becky Quirke	Worthing & District Harriers	28.14
	3	35F	U20W	April Hanslow	Crawley AC	28.61
	4	186F	SW	Rebecca Arthur	Crawley AC	30.64

**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time	
18	1	5	200m Race 5	-0.2 M/S W		
	1	161M	U17M	Tyrese Greenway	Reigate Priory AC	23.44
	2	160M	U17M	Moyo Daramola	Eastbourne Rovers AC	23.45
	3	138M	U17M	Conor Murphy	Medway & Maidstone	24.23
	4	66M	U17M	James Naylor	Reigate Priory AC	25.34
	5	167M	U17M	Daniel Holbrook	Haywards Heath Harriers	26.48
18	1	6	200m Race 6			
	1	68M	U17M	Robert Pattison	Woking AC	23.81
	2	169M	U17M	Jordan Levey	Horsham Blue Stars	24.22
	3	132M	U17M	Vamzi Sivanathan	Colchester Harriers	24.32
	4	133M	U17M	Daniel Ajayi	Surrey Schools	24.45
	5	168M	U17M	Edward Watson	Haywards Heath Harriers	26.32
18	1	7	200m Race 7	-0.4 M/S S		
	1	100F	U17W	Jodie Smith	Windsor Slough Eton & Hounslow	26.27
	2	158F	U17W	Abigail Galpin	Guernsey AC	26.66
	3	145F	U17W	Lauren Lethbridge	Crawley AC	26.87
	4	164F	U17W	Adeline Preston	Crawley AC	27.00
	5	73F	U17W	Shania Martlew	Eastbourne Rovers AC	27.77
	6	108F	U17W	Esther Tewogbade	Crawley AC	28.07
	7	196F	U17W	Martine Scott	Guildford & Godalming AC	29.57
	8	197F	U17W	Rio Scott	Guildford & Godalming AC	31.34
18	1	8	200m Race 8	-0.3 M/S SE		
	1	28M	U15B	Olutimilehin Esan	Crawley AC	24.50
	2	34M	U15B	Tom Gilsenan-best	Horsham Blue Star Harriers	24.64
	3	150M	U15B	Alessio Anah	Crawley AC	25.06
	4	21M	U15B	Jack Dickson	Kingston AC & Polytechnic Harri	25.65
	5	94M	U15B	Daniel Tewogbade	Crawley AC	26.34
	6	172M	U15B	Ben Fisher	Crawley AC	26.91
	7	179M	U15B	Kenan Jacques	Crawley AC	28.12
18	1	9	200m Race 9	0.1 M/S E		
	1	31F	U15G	Yasmin Grosvenor	Bracknell AC	27.38
	2	36F	U15G	Amelia Hart	Guernsey AC	28.60
	3	203F	U15G	Gemma Webb	Crawley AC	28.94
	4	25F	U15G	Lucy Fearn	Crawley AC	29.12
	5	55F	U15G	Sophia Kapoor Sood	Team Hounslow Athletic Club	29.65
	6	19F	U15G	Jasmine De la Touche	Walton AC	30.14
18	1	10	200m Race 10	0.1 M/S NE		
	1	155F	U15G	Michaela Pottinger	Herne Hill Harriers	27.57
	2	166F	U15G	Alicia Borrill	Crawley AC	27.99
	3	148F	U15G	Holly Lethbridge	Crawley AC	28.40
	4	41F	U15G	Fleur Hollyer	Chichester Runners & AC	28.51
	5	146F	U15G	Sofia Mella	Guernsey AC	28.68
	6	95F	U15G	Emily Russell	Chichester Runners & AC	29.38

**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time
18	1	11	200m Race 11	-0.5 M/S SE	
	1	6M	Trey Bennett	Slough Junior AC	26.91
	2	82M	Samuel Sherlock	Guildford & Godalming AC	28.03
	3	152M	Lewis Drake	Southampton Athletic Club	28.67
	4	85M	Eriike Siwoku	Herts Phoenix AC	29.14
18	1	12	200m Race 12	-0.7 M/S W	
	1	93F	Katie Ridley	Worthing & District Harriers	28.30
	2	46F	Caitlin Jackson	Guernsey AC	30.3 *
	3	154F	Orla Edwards	Crawley AC	30.9 *
	4	85F	Macy Ozard	Guernsey	31.2 *
	5	64F	Megan Lilley	Guernsey AC	33.1 *
18	1	13	200m Race 13	0.5 M/S E	
	1	90F	Jess Powell	Brighton Phoenix	30.12
	2	143F	Tolani Akinfolarin	London Schools	30.13
	3	33F	Victoria Hancock	Guernsey AC	31.14
	4	147F	Aideen Le Prevost	Guernsey AC	32.23
	5	165F	Lydia Preston	Crawley AC	33.59
19	1	1	150m Race 1		
	1	84M	Toyosi Siwoko	Herts Phoenix AC	23.82
	2	77M	Kyle Rayson	Bicester AC	24.22
	3	8M	George Bonwick Adams	Haywards Heath Harriers	24.57
	4	113M	Ryan Stride	Crawley AC	24.60
	5	156M	Matthew Noakes	Brighton Phoenix	24.69
19	1	2	150m Race 2		
	1	9M	Charlie Bonwick Adams	Haywards Heath Harriers	22.82
	2	71M	Samuel Persad	Crawley AC	24.14
	3	151M	Vittorio Anah	Crawley AC	24.15
	4	110M	Blake Tomlinson	Horsham Blue Star Harriers	24.42
	5	53M	Sachin Kapoor Sood	Team Hounslow Athletic Club	25.43
19	1	3	150m Race 3		
	1	117F	Arabella Wilson	Guildford Young Athletes Club	22.83
	2	162F	Bethany Tyrrell	Crawley AC	23.72
	3	65F	Aimee Lilley	Guernsey AC	24.11
	4	144F	Layla Akinfolarin	London Schools	24.93
	5	156F	Lizzy Crossman	Horsham Blue Stars	25.26
	6	121F	Harriet Yelling	Worthing & District Harriers	25.78
19	1	4	150m Race 4		
	1	168F	Qi-Chi Ukpai	Invicta East Kent	23.05
	2	173F	Isabella Davies	Birchfield Harriers	23.44
	3	94F	Lottie Roberts	Young Athletes Club	23.56
	4	54F	Annie Jonkers	Oxford City AC	24.24
	5	202F	Hattie Sherlock	unattached	24.56
	6	195F	Alice Cox	Swim First Triathlon	25.44

**Tom Lintern Medal Open Meeting 29th August 2017 - Track Events**

Position	Number	Age Group	Name	Club	Time
20	1 1	3000m Race 1			
1	214M	SM	Bernie Spannagl	Horsham Blue Star	08:59.29
2	215M	SM	Alistair Masson	Dorking & Mole Valley AC	09:04.70
3	211M	SM	Craig Sharp	Dartford Harriers	09:10.29
4	205M	SM	Jason Harrold	Crawley Saints & Sinners	09:44.40
5	201M	SM	Paul Howard	Brighton & Hove AC	09:45.34
6	201F	U20W	Chloe Sharp	Dartford Harriers	09:52.28
7	200F	SW	Caroline Hoyte	Arena 80	10:06.47
8	212M	U17M	Cameron Sharp	Dartford Harriers	10:07.39
9	218M	U17W	Bilal Bentchakal	Sutton & District AC	10:26.59
10	216M	U15B	Nathan Buckeridge	Crawley AC	10:31.47
11	217M	SM	Adam Whitmore	Worthing & District Harriers	10:38.68
12	213M	SM	Michael Hobbs	Crawley AC	10:38.77
13	116M	U20M	Harry German	South West Road Runners	10:57.62
14	39M	M40	Paul Hewitt	Run Academy Worthing	11:36.89
15	55M	M50	Angus Kirby	Running Academy Worthing	11:56.28
16	28F	U20W	Fiona German	SW Road Runners	12:07.92





















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**Tom Lintern Medal Open Meeting 29th August 2017 - Field Events**

Event	Position	Number	Name	Club	Distance	
Hammer				Club		
Women U15G	1st	128F	Summer Salter	Medway & Maidstone	31.47	
PB<35m	2nd	7F	Freya Brennand	Worthing & District Harriers	25.79	
	3rd	67F	Chloe Lipscomb	Crawley AC	24.30	
U17W	1st	44F	Lily Hunt	Worthing & District Harriers	33.29	
	2nd	32F	Lexie Hammon	Swale Combined AC	29.69	
U20W	1st	88F	Vicki Pellett	Crawley AC	38.10	
SW	1st	71F	Christine Lynch	Swale Combined AC	15.57	
Hammer						
Men U15B	1st	69M	Tyler Pattison	City of Portsmouth	24.05	
PB<35m	2nd	43M	Jake Hogton	Horsham Blue Star Harriers	15.12	
	SM	1st	106M	Gorm Young	Crawley AC	26.66
	2nd	92M	Phillip Spivey	East Grinstead & District AC	19.40	
Hammer						
Men U15B	1st	63M	Daniel McCourt	Lewes AC	42.36	
PB >35m	2nd	81M	James Shefford	Bracknell AC	39.63	
	U17M	1st	59M	Sam Mace	Walton AC	62.77
	2nd	49M	Sam Illsley	Worthing & District Harriers	45.63	
SM	1st	30M	Matthew Evans	Worthing Harriers	51.26	
	2nd	29M	Simon Evans	Worthing Harriers	49.08	
	3rd	100M	Joey Watson	Birchfield Harriers	46.71	
	4th	86M	George Skevis	Crawley AC	35.62	
M50	1st	92M	Phillip Spivey	East Grinstead & District AC	55.21	
Hammer						
Women U17W	1st	27F	Ellie Franklin	Crawley AC	39.32	
PB >35m	U20W	1st	9F	Larissa Carter	Lewes AC	42.44
		2nd	26F	Rosie Forrester	Worthing & District Harriers	39.74
Long Jump						
Men U11B	1st	84M	Toyosi Siwoko	Herts Phoenix	3.83	
	2nd	109M	Joseph Hunt	Hollan Sports	3.79	
	3rd	110M	Blake Tomlinson	Horsham Blue Stars	3.63	
	4th	71M	Samuel Persad	Crawley AC	3.59	
	5th	8M	George Bonwick Adams	Haywards Heath Harriers	3.55	
	6th	53M	Sachin Kapoor Sood	Team Hounslow Athletic Club	3.43	
	7th	87M	George Small	Unattached	3.19	
	8th	77M	Kyle Rayson	Bicester AC	3.05	
	U13B	1st	90M	Bailey Smith	Worthing & District Harriers	4.66
	2nd	6M	Trey Bennett	Slough Junior AC	4.63	
	3rd	41M	Jack Hoad	Sutton & District AC	4.61	
	4th	82M	Samuel Sherlock	Guildford & Godalming AC	4.59	
	5th	25M	Luke Dronfield	Guildford & Godalming AC	4.31	
	6th	35M	George Goubert	Guernsey AC	4.29	
	7th	85M	Eriike Siwoku	Herts Phoenix AC	4.24	
	8th	99M	Harry Wardle	Brighton Phoenix	4.22	
	9th	17M	Hayden Christian	Woking AC	4.17	
	10th	56M	Finlay Knight	Team Synergy	3.95	
	11th	76M	Samuel Rayson	Bicester AC	3.93	
	12th	80M	William Shanahan	Team Synergy	3.90	
	13th	36M	James Goubert	Guernsey AC	3.81	

## Tom Lintern Medal Open Meeting 29th August 2017 - Field Events

Event	Position	Number	Name	Club	Distance		
Long Jump							
Men	U15B	1st	58M	Adam Lindo	Crawley AC	5.79	
		2nd	91M	William Snashall	Crawley AC	5.22	
		3rd	4M	Ori Bartle	Lewes AC	5.21	
		4th	34M	Tom Gilsenan-best	Horsham Blue Star Harriers	5.03	
		5th	89M	Jake Smith	Crawley AC	4.99	
	U17M	1st	118M	Joel Cable	Bracknell AC	5.92	
		2nd	7M	Stuart Bladon	Team Kennet Triathlon & AC	5.74	
		3rd	104M	Jack Woodford	Crawley AC	5.66	
		4th	44M	Callum Holder	Sutton and District AC	5.58	
		5th	38M	Morgan Hayward	Crawley AC	5.29	
		6th	37M	Joshua Gray	Kettering Town Harriers	5.27	
		7th	26M	Alex Dyball	Brighton and Hove athletics	5.19	
	SM	1st	1M	Trevor Alexanderson	Birchfield Harriers	6.40	
		2nd	143M	Luke Batup	Bracknell AC	6.40	
		3rd	65M	Joe Morris	Eastbourne Rovers AC	5.75	
		4th	61M	Tristan Martin	Brighton & Hove AC	5.62	
		5th					
		6th					
	Long Jump Women	U11G	1st	117F	Arabella Wilson	Guildford Young Athletes Club	3.92
			2nd	54F	Annie Jonkers	Oxford City AC	3.91
			3rd	12F	Imogen Clarke	Lewes AC	3.34
			4th	65F	Aimee Lilley	Guernsey Athletics Club	3.26
			5th	1F	Charlotte Ashby	Reading AC	3.23
			6th	94F	Lottie Roberts	Young Athletes Club	3.22
			7th	121F	Harriet Yelling	Unattached	3.04
			8th	58F	Libby Kirby	Crawley AC	2.56
		U13G	1st	93F	Katie Ridley	Worthing & District Harriers	4.60
			2nd	45F	Shanice Ighalo	Rugby & Northampton AC	4.54
			3rd	39F	Sophie Hogton	Horsham Blue Star Harriers	4.26
			4th	33F	Victoria Hancock	Guernsey AC	4.19
			5th	74F	Lauren McLellan	Brighton Phoenix	4.17
			6th	70F	Chanel Lovelock	Slough Junior AC	4.13
			7th	76F	Natalie Mills	Worthing & District Harriers	3.93
			8th	89F	Eva Peters	Reigate Priory AC	3.89
			9th	59F	Freya Knight	Team Synergy	3.88
10th			87F	April Palmer	Bracknell AC	3.86	
11th			79F	Jessica Murray	Holland Sports AC	3.68	
12th			6F	Holly Brazier	Worthing & District Harriers	3.63	
13th			143F	Tolani Akinfolarin	London Schools	3.55	
14th			42F	Lucy Hollyer	Chichester Runners & AC	3.21	
15th			24F	Hayley Emerson	Horsham Blue Star Harriers	3.19	
U15G		1st	83F	Ornella Orfenov	Crawley AC	5.25	
		2nd	86F	Abigail Packham	Crawley AC	5.00	
		3rd	106F	Kelsey Sutherland	Worthing & District Harriers	4.92	
		4th	69F	Eloise Longhurst	Worthing & District Harriers	4.62	
		5th	43F	Isabelle Humphreys	Horsham Blue Star Harriers	4.57	
		6th	2F	Renee Bassin	Brighton Phoenix	4.42	

## Tom Lintern Medal Open Meeting 29th August 2017 - Field Events

Event	Position	Number	Name	Club	Distance		
Long Jump Women	U15G	7th	57F	Lucy Kirby	Crawley AC	4.35	
		8th	55F	Sophia Kapoor Sood	Team Hounslow Athletic Club	4.24	
		9th	99F	Libby Small	Worthing harriers	4.14	
		10th	11F	Natasha Clarke	Lewes AC	3.34	
		U17W	1st	10F	Olivia Chessell	Sutton & District AC	5.27
			2nd	113F	Francesca Walmsley	Brighton & Hove AC	5.00
			3rd	16F	Emily Cornwall	Basingstoke & Mid Hants AC	4.87
			4th	109F	Lucy Tunnacliffe	Kingston AC & Polytechnic Harriers	4.64
			5th	47F	Sasha James	Crawley AC	4.19
			6th	30F	Tanya Grosvenor	Bracknell AC	4.00
	U20W	1st	50F	Hannah Jones	Windsor Slough Eton & Hounslow AC	5.05	
		2nd	15F	Georgia Cook	Brighton & Hove AC	4.86	
		3rd	14F	Georgia Coleshill	Brighton & Hove AC	4.82	
Shot Women	U13G	1st	81F	Michelle Okorie	Crawley AC	8.14	
		2nd	70F	Chanel Lovelock	Slough Junior AC	7.68	
		3rd	63F	Macy Lawes	Horsham Blue Star Harriers	7.40	
		4th	111F	Amy-Lee Van Der West	Walton AC	7.33	
		5th	90F	Jess Powell	Brighton Phoenix	6.82	
		6th	82F	Muna Okorie	Crawley AC	6.61	
		7th	40F	Naomi Holdsworth	Isle Of Wight AC	6.44	
		8th	126F	Emma Kimber	Crawley AC	6.25	
		9th	20F	Sacha Denny	Brighton & Hove AC	5.64	
		U15G	1st	4F	Chardonnay Bowles	Worthing & District Harriers	7.32
			2nd	101F	Natalya Smith	City Of Portsmouth AC	5.70
			3rd	11F	Natasha Clarke	Lewes AC	5.42
			4th	41F	Fleur Hollyer	Chichester Runners & AC	5.17
		U17W	1st	116F	Amelia Watson	Reigate Priory AC	8.12
			2nd	108F	Esther Tewogbade	Crawley AC	7.99
		U20W	1st	17F	Susie Crayton	Dorking & Mole Valley AC	8.52
			2nd	35F	April Hanslow	Crawley AC	6.86
		SW	1st	84F	Becky Owen	Brighton & Hove AC	10.93
			2nd	71F	Christine Lynch	Swale Combined AC	5.05
	Shot Men	U13B	1st	74M	James Pratt	Crawley AC	7.42
		2nd	25M	Luke Dronfield	Guildford & Godalming AC	6.89	
		3rd	80M	William Shanahan	Team Synergy	5.36	
		U15B	1st	184M	Charlie Finney	Crawley AC	12.50
			2nd	103M	Samuel Williamson	Unattached	12.06
			3rd	81M	James Shefford	Bracknell AC	11.41
			4th	58M	Adam Lindo	Crawley AC	10.39
			5th	69M	Tyler Pattison	City of Portsmouth	9.51
			6th	93M	Callum Taylor	Havant AC	7.84
			7th	43M	Jake Hogton	Horsham Blue Star Harriers	6.69

**Tom Lintern Medal Open Meeting 29th August 2017 - Field Events**

Event	Position	Number	Name	Club	Distance	
Shot Men	U17M	1st	7M Stuart Bladon	Team Kennet Triathlon & AC	10.54	
		2nd	118M Joel Cable	Bracknell	9.82	
		3rd	20M Adam Coates	Epsom & Ewell Harriers	8.74	
	U20M	1st	5M Elliot Bayley	Horsham Blue Stars	8.95	
	SM	1st	100M Joey Watson	Birchfield Harriers	14.86	
		2nd	196M Richard Leach	Crawley AC	10.74	
		3rd	106M Gorm Young	Crawley AC	10.26	
		4th	86M George Skevis	Crawley AC	9.93	
	Javelin Women	U13G	1st	62F Jasmine Larsen	SAC	30.83
			2nd	46F Caitlin Jackson	Guernsey	29.02
			3rd	45F Shanice Ighalo	Rugby & Northampton AC	22.84
			4th	40F Naomi Holdsworth	Isle Of Wight AC	20.75
5th			20F Sacha Denny	Brighton & Hove AC	20.37	
6th			87F April Palmer	Bracknell AC	19.92	
7th			111F Amy-Lee Van Der West	Walton AC	17.94	
8th			24F Hayley Emerson	Horsham Blue Star Harriers	12.84	
U15G		1st	4F Chardonnay Bowles	Worthing & District Harriers	29.42	
		2nd	19F Jasmine De la Touche	Walton AC	25.19	
		3rd	3F Lucy Bayo	Crawley AC	24.55	
U17W		1st	77F Jennifer Morgan	Ipswich Harriers	36.73	
		2nd	23F Daisy Dowling	Blackheath and Bromley Harriers Athletic (	35.61	
		3rd	75F Eli Middleton	Worthing & District Harriers	29.56	
SW		1st	123F Laurensa Britane	Thames Valley	48.30	
		2nd	124F Carla Letheby	Thames Valley	30.98	
		3rd	71F Christine Lynch	Swale Combined AC	12.51	
Javelin Men		U13B	1st	74M James Pratt	Crawley AC	33.97
			2nd	23M Flynn Dodkin	New Forest Juniors AC	29.81
		U15B	1st	93M Callum Taylor	Havant AC	32.67
			2nd	24M Toby Dronfield	Guildford & Godalming AC	27.43
			3rd	69M Tyler Pattison	City of Portsmouth	26.85
			4th	46M Dylan Holdsworth	Isle Of Wight AC	24.86
			5th	105M Max Wormley	Crawley AC	22.81
	6th		43M Jake Hogton	Horsham Blue Star Harriers	17.41	
	U17M	1st	45M Ben Holdsworth	Isle Of Wight AC	45.58	
		2nd	50M Daniel Ingram	Camberley & District AC	39.62	
		3rd	40M Joshua Hey	Bracknell AC	36.56	
		4th	20M Adam Coates	Epsom & Ewell Harriers	15.05	
	U20M	1st	5M Elliot Bayley	Horsham Blue Stars	50.18	
		2nd	12M Mathew Bryce	Witney Road Runners	44.78	
		3rd	131M Caius Joseph	Basingstoke	36.86	
	SM	1st	202M Gavin Johnson	TVH	65.99	
		2nd	27M Bradley Eisnor	Eastbourne Rovers AC	53.81	
		3rd	51M Luke Johnson	Horsham Blue Stars	52.94	

## Tom Lintern Medal Open Meeting 29th August 2017 - Field Events

Event	Position	Number	Name	Club	Distance
High Jump U13B Men	1st	76M	Samuel Rayson	Bicester AC	1.35
	2nd	15M	Christian Cairns	Bracknell	1.25
U15B	1st	78M	Tom Ridley	Worthing & District Harriers	1.82
	2nd	94M	Daniel Tewogbade	Crawley AC	1.65
	3rd	89M	Jake Smith	Crawley AC	1.60
	4th	103M	Samuel Williamson		1.60
U17M	1st	44M	Callum Holder	Sutton and District AC	1.65
	2nd	20M	Adam Coates	Epsom & Ewell Harriers	1.50
U20M	1st	32M	Kai Fletcher	Eastbourne Rovers AC	1.60
SM	1st	65M	Joe Morris	Eastbourne Rovers AC	1.55
High Jump Women U13G	1st	120F	Hope Yelling	Worthing & District Harriers	1.35
	2nd	63F	Macy Lawes	Horsham Blue Star Harriers	1.30
	3rd	60F	Amelia Kortens	Brighton Phoenix	1.25
	4th	78F	Sophie Morris	Horsham Blue Star Harriers	1.20
	5th	6F	Holly Brazier	Worthing & District Harriers	1.15
	6th	24F	Hayley Emerson	Horsham Blue Star Harriers	1.10
	7th	39F	Sophie Hogton	Horsham Blue Star Harriers	1.05
U15G	1st	86F	Abigail Packham	Crawley AC	1.65
	2nd	43F	Isabelle Humphreys	Horsham Blue Star Harriers	1.55
	3rd	34F	Ella Hannyington	Horsham blue stars	1.45
	3rd	106F	Kelsey Sutherland	Worthing & District Harriers	1.45
	5th	31F	Yasmin Grosvenor	Bracknell AC	1.45
	6th	99F	Libby Small	Worthing harriers	1.35
	7th	2F	Renee Bassin	Brighton Phoenix	1.25
U17W	1st	75F	Eli Middleton	Worthing & District Harriers	1.45
U20W	1st	35F	April Hanslow	Crawley AC	1.40
SW	1st	29F	Nathalie Godden	Cardiff Amateur Athletic Club	1.45
Pole Vault U13B Men <2.50	1st	74M	James Pratt	Crawley AC	2.30
U15B	1st	4M	Ori Bartle	Lewes AC	2.70
	2nd	75M	Alexander Presho	Windsor Slough Eton & Hounslow AC	2.40
	3rd	62M	Ned McCauley	Lewes AC	2.30
	4th	95M	Dillan Tierney	Crawley AC	2.30
Pole Vault U13G Women <2.50m	1st	66F	Esme Lindo	Crawley AC	2.10
	2nd	93F	Hannah Russell	Lewes AC	2.00
	3rd	96F	Katie Ridley	Worthing & District Harriers	1.90
U15G	1st	3F	Lucy Bayo	Crawley AC	2.70
	2nd	11F	Natasha Clarke	Lewes AC	2.20

## Tom Lintern Medal Open Meeting 29th August 2017 - Field Events

Event	Position	Number	Name	Club	Distance
Pole Vault					
Women					
>2.50	U13G	1st	110F Gemma Tutton	Lewes AC	3.30
	U15G	1st	103F Ivy Spencer	Lewes AC	2.70
	U17W	1st	91F Natasha Purchas	Crawley AC	3.82
		2nd	105F Naomi Storm	Worthing & District Harriers	2.90
	U20W	1st	56F Katie Sexton	Crawley AC	2.90
Pole Vault					
Men					
>2.50	U15B	1st	91M William Snashall	Crawley AC	3.30
	U20M	1st	131M Caius Joseph	Basingstoke	4.11