



Crawley AC Easter Sunday Open Meeting

K2 Leisure Centre, Crawley, RH11 9BQ

Sunday 1st April 2018

www.crawleyac.org.uk

Provisional Time Table - UKA Permit – OUT 18/065

Track			Field		
11:00	400mH	Senior Men & U20m	10:30	Shot	U17 – Snr Men & Women
11:15	400mH	Senior Women & U20W	10:30	Long Jump	U15 and above Men & Women
11:30	400mH	U17 Men			
11:45	300mH	U17 Women	11:00	High Jump	U13 and above Men & Women starting ht below 1.40m
12:00	1500m	U13/U15 Boys & Girls			
12:20	110mH	U20 & Senior Men	12:00	Long Jump	U13 Girls
12:35	100mH	U17 Men & U20 & Snr Women	12:00	Shot	U13/U15 Boys & Girls
12:45	1500m	U17 and above Men & Women			
13:00	80mH	U17 Women & U15 Boys			
13:15	75mH	U13 Boys & U15 Girls			
13:30	70mH	U13 Girls			
13:45	600m	U11 Boys & Girls	13:30	High Jump	U13 and above Men Women starting ht above 1.40m
13:55	100m	U20 and above Men & Women	13:30	Long Jump	U13 Boys
14:05	100m	U17 Men & Women			
14:15	100m	U15 Men & Women	14:00	Javelin	U13/U15 Boys & Girls
14:25	100m	U13 Boys & Girls			
14:40	60m	U11 Boys & Girls	15:30	Javelin	U17 and above Men & Women
15:00	400m	U20 and above Women			
15:10	400m	U17 and above Men			
15:20	300m	U15 Boys & Girls & U17 Women			
15:35	800m	U13/U15 Boys & Girls			
15:50	800m	U17 and above Men & Women			
16:05	200m	U20 and above Men & Women			
16:15	200m	U17 Men & Women			
16:25	200m	U15 Men & Women			
16:35	200m	U13 Boys & Girls			
16:45	150m	U11 Boys & Girls			
17:00	3000m	U15 Boys & U17 and above Men & Women			

- Competition run under UKA Laws, athletes will need to be registered with EA to compete - except U11's
- Ages at 31st August 2018 for U13, U15 & U17. U20 & Seniors ages at 31st December 2018.** (U11 MUST be 9 but under 11 on 31st August 2018 – School year 5).
- Maximum spike length 6mm (Javelin 9mm).
- Field Events** – 4 trials – depending on entries at the discretion of the Field Referee
- Entry to this meeting will be online** – www.crawleyac.org.uk
- PRE ENTRY** fee is **£5.00** per event (Pre entry closes Thursday 30th March 10.00 pm)
- Pre entry only for ALL Hurdle races**
- Entries on the day** **£7.00** per event or 3 events per athlete for £20
- Enquiries** – E-mail open@crawleyac.org.uk
- Provisional timings & events may vary due to entry numbers.
- U11/U13/U15/U17 athletes can enter a **maximum** of 3 events, U11/U13/U15 athletes can only compete in one race between 600m & 3000m.
- There will be Electronic timing with photo finish.
- Athletes must pay/collect their numbers from registration at least 45 minutes before the start of their first event.
- Results from the meeting will be published on our website following the meeting once they have been checked. Power of 10 will be notified within 72 hours

Enter online

www.crawleyac.org.uk